



Geneseo Parish Outreach Center Inc.

Affordable Healthcare - Quality Service - Healthy Living

Newsletter



www.gpocenter.org

GeneseoPOC@gmail.com

Meet New Volunteer Nadine Bailey— MS, PA-C



Joining the ranks of dedicated volunteers at the GPOC is another Tri-County Family Medicine professional, PA Nadine Bailey. New since July, Nadine comes to the Center once a month even though she practices full-time in Cohocton, where she has worked since 2015.

Nadine's formal medical career began at Brigham Young University, continued at Baylor School of Medicine and then moved into private practice in oncology. Her experience in that field required and enhanced her qualities of compassion

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GPOC Update amidst Covid-19 Pandemic 2020

Donna Flaherty, PA-C, Director of the GPOC, reported that clinic sessions resumed at the end of May, after the center had been closed since mid-March 2020. Weekly medical clinics opened up every other Tuesday evenings, alternating with monthly Thursday and Friday mornings, all by appointment.

To minimize risk of infection with Covid-19, all clients are met at the door for screening by Center staff. Prior to each clinic, all staff and clients are screened for COVID-19, according to CDC guidelines, with a screening questionnaire and temperature checks with a touchless thermometer. Food pantry and medication pick-up, as well as completion of paperwork, is done with minimal contact risk. Masks are mandatory for all staff and clients. Disposable masks are available for those who do not have access to a mask.

As of this writing, there have been no cases of Covid-19 in Center volunteers or clients.

The GPOC is pleased to welcome new providers: Ayesha Tassadaq, MD, a family practitioner from the Dansville office of Tri-County Family Medicine; Nadine Bailey, PA-C, from the Cohocton Tri-County Medicine office; and Danielle Charamut, RN, a critical care nurse from Rochester Regional Health.

Many Center volunteers have resumed their volunteer positions. We welcome Pam Klingman, as the new Foodlink Emergency Pantry Director, taking over after the retirement of Donna Brian. Assisting Pam

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and empathy, but also opened her eyes to the importance of good family medicine and its ability to help people catch big issues early. Her transition to family practice offered flexibility for family life and the ability to follow up with patients. "In family practice, you build long-term relationships.... and get more than a snapshot of a patient."

One of Nadine's special gifts is her fluency in Spanish, an asset welcome to many Spanish speakers, particularly migrant populations. In addition to her professional development, she dedicates her time to family and God. Mother of four daughters—11, 13, 15, and 17-- she organizes and supports various church and school activities, including a summer church camp for girls. An avid reader, Nadine also enjoys hiking, kayaking, and other outdoor sports.

Nadine is grateful to be part of the GPOC community and is impressed by the dedication of the many other volunteers who work behind the scenes as well as in the clinics. Her attitude and experience echo that of those who tirelessly serve: "volunteering time is important to the community." Nadine Bailey continues to offer her time and talent to the service of others.

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in the Pantry are Marilyn Russell and new volunteers Ray and Sharon Ingraham.

Thanks to all the volunteers who have contributed to converting the Geneseo Parish Outreach Center food pantry into an Emergency Foodlink operation. Through Foodlink grant dollars, the Center has been able to purchase a commercial freezer and is in the process of procuring a commercial refrigerator, also with a Foodlink grant. This purchase will enable the Center to have available fresh milk, produce, eggs, etc. during this time of food insecurity for so many of the clients we serve.

A Community Service Block Grant (CSBG) emergency grant of \$7,500 was awarded to the Center to use for any medical expenses, as a result of the pandemic, for low-income Livingston County residents. The Center also received a \$5,000 grant from the National Association of Free and Charitable Clinics (NAFC) to help with the increased need to cover prescription medication costs for Center clients. Most recently, the Center was awarded \$3,500 from Livingston County Emergency Funds to continue to address the need for costly prescriptions and to purchase paper supplies and hygiene items not obtainable through Foodlink.

*Thank
You*

Hours and Fees

All services are by appointment only.

Call us for an appointment at: 585-243-3120

Monday through Thursday, 9-Noon

We suggest a \$5 donation for clinic visits.

A \$20 donation is suggested for adult (18 and older) job or school physicals.

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Potential Clients:

Those with no insurance.

Those who are under-insured.

Those who cannot pay for medications or specialty care.

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A Prayer for Our Uncertain Times

May we who are merely inconvenienced remember those whose lives are at stake.

May we who have no risk factors remember those most vulnerable.

May we who have the luxury of working from home remember those who must choose between preserving their health and making their rent.

May we who have the flexibility to care for our children when their schools close remember those who have no options.

May we who have to cancel our trips remember those who have no safe place to go.

May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all.

May we who settle in for a quarantine at home remember those who have no home.

As fear grips our country, let us choose love.

And during this time when we may not be able to physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors. Amen.

- Written by Rev. Dr. William J Barber II



Our Volunteer Hours

In the first six months of 2020 the Geneseo Parish Outreach Center volunteers donated 2,046 hours of their time. We recorded 346 volunteer hours in July.

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Another opportunity for serving is to assist our clients with prescription expenses. In March alone we experienced a 500% increase in prescription-assisted expenses.

Listed below are the costs of four of the many drugs our clients need. Each represents costs for one individual per month.

- **Lantus**, a long-acting insulin commonly used to treat diabetes: \$223-\$744, depending on the dose the patient requires. The Lantus calculation is based on a patient using 30 units per day on the low side to 100 units per day on the high side.
- **Trulicity**, a newer non-insulin drug for diabetes which is injected weekly: \$689.
- **Symbicort**, combination inhaler for asthma or COPD, taken 2 puffs twice a day: \$295.
- **Spiriva**, an inhaled drug for asthma or COPD, taken 2 puffs daily: \$439.

Sample donation and reminder: \$223 is equivalent to helping one person who needs 30 units of Lantus per day secure his/her much-needed medication. If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision would weaken them and could cost us all in higher emergency room costs.

If you or your organization can support shelf items and/or medications, please respond to the GPOC ASAP with your wishes.

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The Geneseo Parish Outreach Center earned a 2020 Silver Rating from the National Association of Free & Charitable Clinics (NAFC) Quality Standards Program. We earned this rating by attesting that we have certain policies and procedures in place to provide quality care for our patients.



**WE NEED SOME
GOOD VOLUNTEERS!**



GUMC, in an attempt to reach out and support the community during the COVID pandemic, sponsored a collection of paper goods, sanitary products and hygiene supplies to be given to the Parish Outreach Center. Volunteers were on hand to receive donations two Saturday mornings in May. A large amount was received.

THG,
Bonnie

See Page #6 for more ...



Donations

Food & Goods Donations Needed

Partner with



Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

**Geneseo Parish Outreach Center is an
Emergency Foodlink Pantry**

The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



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New Yorkers don't have to go without health coverage. We are here to help!

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit <http://info.nystateofhealth.ny.gov/findassistor>

Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

Services we provide for our clients

At Geneseo Parish Outreach Center

- Primary adult and pediatric care
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Women's health
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services

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Thank you !



Bonnie Kruetter organized a "drive by" donation at the Geneseo United Methodist Church. Church members drove up and dropped off non-food items for the Outreach Center Pantry.

Bonnie,

We at the Parish Outreach Center are so grateful for the outpouring of support for our pantry with regard to paper products, hygiene items, dish detergent and hand soap. These items would not be available from Foodlink, and, therefore, would have had to be purchased with pantry funds. God bless you for your efforts.

Donna Flaherty PA, Executive Director

Linda Weaver RN, Consultant Geneseo Parish Outreach Center, Inc.



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