



# Geneseo Parish Outreach Center, Inc.

**Affordable Health Care - Quality Service - Healthy Living**

## Newsletter



[www.gpocenter.org](http://www.gpocenter.org)

[GeneseoPOC@gmail.com](mailto:GeneseoPOC@gmail.com)

**Welcome, Dr. Ayesha Tasaddaq, MD**

COVID-19 Vaccine Information  
from Livingston County

243-7270  
Livingston Co.  
Health Dept.



Assuming the role of Medical Director of the Geneseo Parish Outreach Center is a challenge, but Dr. Ayesha Tasaddaq is stepping in with enthusiasm and with faith in Director Donna Flaherty and the many other volunteers who keep the program running on a daily basis.

Dr. Tasaddaq has been affiliated with Tri-County Family Medicine in Dansville for over 10 years, but she began her medical journey over 20 years ago in Pakistan. She received her first degree from the University of The Punjab in Lahore, interned at Holy Family Hospital in Rawalpindi, then moved to the U.S. in 2004, where she passed

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The volunteers and the clients of the Geneseo Parish Outreach Center wish to thank all of you who donated to our Annual Appeal. Contributions are still being received and are making a significant impact on the health and welfare of your friends and neighbors.



The Geneseo Parish Outreach Center earned a 2020 Silver Rating from the National Association of Free & Charitable Clinics (NAFC) Quality Standards Program. We earned this rating by attesting that we have certain policies and procedures in place to provide quality care for our patients.



**In 2020, our dedicated  
volunteers logged 4,444 hours working to  
help keep our community healthy during the  
COVID-19 pandemic.**

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through several other certifications of her degrees. Her residency in family practice at the Lutheran Medical Center in Brooklyn provided her a wealth of opportunities in dealing with a diverse population and varying socio-economic dynamics, not to mention her first encounter with the complexities of health insurance in this country. Having young children, learning more English, and facing the long and hard work of such a “phenomenal” residency left her sleep-deprived but extremely educated in the ways of family medicine in the United States.

Always interested in dedicating her outside-of-employment time to worthy causes, Dr. Tasaddaq began volunteering at GPOC this past summer and agreed to step in after the retirement of Dr. Paul Frame. Specializing in OB/GYN, Dr. Tasaddaq loves her ability to follow her patients in the traditional family practice mode. Knowing the families, she says, is what she “always wanted.”

Outside of her professional life, Dr. Tasaddaq expresses great pride in her three adult children, all of whom are following in her medical footsteps. Part of a large family spread over the globe, including five sisters, she relishes her time with her live-in mother and her almost annual visit to her native country. Although she doesn’t farm, she lives on a farm and appreciates the comfort and beauty of nature. She also enjoys hiking and other outdoor activities.

The Parish Outreach Center is fortunate to have another caring and responsive Medical Director whose warmth and friendliness will continue to serve her well as she works with the Center’s colleagues and clients.

*Thank  
You*

## Obituary

*International Guitarist/Vocalist, "Lefty"  
Jazz/Latin/Pop/Soul/Original/Miché*



Sadly our GPOC friend, Miché Fambro, died on December 18th at the age of 64 following a battle with cancer.

Miché was a guitarist and vocalist who performed two benefit concerts for the GPOC. One concert was held at the Methodist Church and one at the Riviera Theater on Center Street in Geneseo.

According to the *Livingston County News*, a public celebration of his life is expected

in the future when COVID restrictions are over.

## Hours and Fees

**All services are by appointment only.**

Call us for an appointment at: 585-243-3120

Monday through Thursday, 9-Noon

*We suggest a \$5 donation for clinic visits.*

*A \$20 donation is suggested for adult  
(18 and older) job or school physicals.*

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4520 Genesee Street (Route 63)

Geneseo, NY 14454

Phone: 585-243-3120

Fax: 585-243-1189

[GeneseoPOC@gmail.com](mailto:GeneseoPOC@gmail.com)

## Potential Clients:

*Those with no insurance.*

*Those who are under-insured.*

*Those who cannot pay for medications or  
specialty care.*

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Christmas, 2020

To all our Volunteers at the Geneseo Parish Outreach Center,  
We have weathered, by far, the most challenging year in our history. Many of you have experienced loss: of loved ones who are gone; of precious time with family and friends; of financial security; and of peace and safety due to the COVID-19 pandemic.

Yet God is faithful. The Outreach Center has been able to serve the needs of so many of our neighbors. We have ensured that our patients still have prescription medications, needed dental, vision and other specialty care. Except for a short period in the spring, we have been able to keep the weekly medical clinics staffed and operational. Our Foodlink Emergency Pantry has been able to expand our stock, not only with fresh and frozen produce, frozen meats, and poultry, but also paper products, hygiene items and infant supplies.

Yes, God is faithful. We have not turned anyone away due to lack of funds in 2020. Our financial situation has even improved, having received emergency grant funds and an increase in donations from members of our community.

As many of you may know, Dr. Paul Frame has moved closer to family in Maryland. He has served as our Medical Director for several years. But God is faithful. Dr. Ayesha Tasaddaq began volunteering this summer. She has graciously accepted the role of Medical Director in 2021.

For many of you, it has not been prudent for you to physically be at the Center. However, I know that you have been praying, and many have been able to carry on their duties from home or after clinic hours. Thank you for your faithfulness.

I wish all of you a very Merry Christmas and a much better New Year.

God Bless You,  
Donna Flaherty

### Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Another opportunity for serving is to assist our clients with prescription expenses. In March alone we experienced a 500% increase in prescription-assisted expenses.

Listed below are the costs of four of the many drugs our clients need. Each represents costs for one individual per month.

- **Lantus**, a long-acting insulin commonly used to treat diabetes: \$223-\$744, depending on the dose the patient requires. The Lantus calculation is based on a patient using 30 units per day on the low side to 100 units per day on the high side.
- **Trulicity**, a newer non-insulin drug for diabetes which is injected weekly: \$689.
- **Symbicort**, combination inhaler for asthma or COPD, taken 2 puffs twice a day: \$295.
- **Spiriva**, an inhaled drug for asthma or COPD, taken 2 puffs daily: \$439.

**Sample donation and reminder:** \$223 is equivalent to helping one person who needs 30 units of Lantus per day secure his/her much-needed medication. If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision would weaken them and could cost us all in higher emergency room costs.

**If you or your organization can support shelf items and/or medications, please respond to the GPOC ASAP with your wishes.**

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### Current Happenings at the GPOC

#### Food Pantry

One important component of the GPOC is the Food Pantry. We help feed and supplement our community families with necessary food and household cleaning supplies as well as some hygiene products. Many of our clients are working and trying to make ends meet. Some are underserved by state programs.

We offer, at no cost to families, meats, fresh produce (when available), canned goods, fruits, veggies, etc., as well as cupboard staples like cereal, peanut butter, jelly, spaghetti sauce, and other foods. At times the Food Pantry will get needed donations from Barilla and Wegmans. Sometimes, Jerry Weaver, brings surprises from the "bread run" like pies and fancy desserts. These products are placed out for clients to take home with their food bags.

We have paired with Foodlink out of Rochester, NY, that helps us supply a variety of needed foods to our clients. This connection is paid for through grants and donations from churches, individuals in the community, and civic organizations.

For the past quarter, September through December 2020, our pantry has served 240 families, handing out a count of 703 grocery bags full of food, breads, and hygiene products. These numbers include an extra 50 families served for the Thanksgiving and Christmas holidays.

We have a great crew that volunteers their hearts and time to the GPOC, serving in a variety of ways, from doctors to drivers and everything in between. We all come together to help others using our God given talents to serve others.



## Donations

### Food & Goods Donations Needed

Partner with



### Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

**Geneseo Parish Outreach Center is an  
Emergency Foodlink Pantry**

The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.





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### **New Yorkers don't have to go without health coverage. We are here to help!**

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov)
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit <http://info.nystateofhealth.ny.gov/findassistor>

### **Donate to The Geneseo Parish Outreach Center**


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to [www.gpocenter.org](http://www.gpocenter.org) and use the **PAYPAL Donate Button**.

### Services we provide for our clients

#### At Geneseo Parish Outreach Center

- Primary adult and pediatric care
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

#### At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Women's health
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services

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### GENESEO PARISH OUTREACH CENTER NEWSLETTER WINTER 2021

#### CENTER UPDATE

The COVID-19 pandemic has presented challenges no one could have imagined at this time last year. The GPOC has weathered these obstacles, however, and continues to be here to serve our clients and the greater community.

WELCOME to Dr. Ayesha Tasaddaq!! After volunteering this summer, Dr. Tasaddaq has graciously accepted the role of Medical Director beginning in 2021. She takes over for Dr. Paul Frame, who served as Medical Director for many years. Dr. Frame has relocated to Maryland to be closer to his family. Thank you, Dr. Frame!

The Center has been able to serve the needs of many of our neighbors, assisting them with prescription costs, dental and vision care and other specialty referrals, as well as needed laboratory and radiology services.

The Center conducted weekly medical clinics in 2020 except for a short period of time in the spring. We have not had to turn anyone away due to lack of funds. Between October 1, 2020, when the new fiscal year for our Community Service Block Grant (CSBG) began and the beginning of 2021, we had already assisted 67 qualified, low income individuals. A total of 98 clients had been served during this same time period.

Note that the Center will hold three clinics a month during the winter instead of four.

The Center's Foodlink Emergency Pantry has been able to expand our stock with fresh and frozen produce, meats and poultry, as well as paper, personal hygiene and infant supplies. The demand has been very high in this time of pandemic job and food insecurity.

A big thank you to all our volunteers, providers and generous members of the community, who have blessed us with their time, talents and monetary donations.

### The Board of Directors Welcome Four New Members – January 2021

Dr. Ayesha Tasaddaq, our new Medical Director, and Pam Klingman, our Food Pantry Coordinator, are joining the Board of Directors this month. We also welcome Timothy Peterson, Director of Compliance for UR Noyes, and Donna Keller, Area Manager of the Pharmacy at Wegmans Geneseo, to the Board. Their backgrounds and experiences will be invaluable to the Board. We thank them all for volunteering their time and talents.



On behalf of all those we serve at the Geneseo Parish Outreach Center Linda Weaver and Donna Flaherty thank Maia Kolberg, Karli Hy, Anna Ferrero for sewing over 100 cotton masks and donating them to the POC. They sewed them for the Geneseo Girl Scouts Silver Award Project.

The masks will be given to our patients who come in for assistance with their medical needs, as well as those who come to us for emergency food and hygiene needs.



### Newsletter Staff

Diana Harke

Bonnie Kreutter

Jackie McNall

Pam Klingman

Marilyn Lyon

Sandy Wilcox