



Geneseo Parish Outreach Center, Inc.

Affordable Health Care - Quality Service - Healthy Living

Newsletter



www.gpocenter.org

GeneseoPOC@gmail.com



Career Shift Brings Jim Mullin to GPOC

Longtime Geneseo resident Jim Mullin has entered a new phase of his life, and the Center is the grateful recipient of his skills and dedication. After a career in IT at CPAC and ARC of Livingston-Wyoming County, Jim turned his attention to nursing. No stranger to the field of health, Jim served 25 years as a volunteer for the Geneseo Fire Department and worked as a paramedic for Monroe Ambulance and Livingston County EMS.

Those who knew Jim as a teen may remember that he earned his Eagle Scout Award and later was Assistant Scout Master. Upon graduation from GCS, he received an appointment to the Air Force Academy but completed his BA in Math at SUNY Geneseo. As an active member of the Geneseo community, he spearheaded many events over the years and is currently President of the Kiwanis Club.

Jim's career change began seriously when he embarked on his pursuit of a BS in Nursing.

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Services Provided for Clients at GPOC

- Primary adult and pediatric care
- Women's health
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services

4520 Genesee Street (Route 63)

Geneseo, NY 14454

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In 2021 he earned his BS in Nursing, *Magna Cum Laude*, from the University of Rochester. His primary work is in the emergency department at Highland Hospital, but he offers his services to GPOC every Thursday.

Jim continues his longtime dedication to Geneseo and is the proud father of two adult children and grandpa to Becca's two boys. At the Center he enjoys the banquet table of services in which to be engaged and admires the purpose of the Center. He hopes to hone his Spanish around which he has "danced" over the years so that he is helpful to the migrant population.

GPOC welcomes Jim Mullin as another valued and devoted volunteer.

Highlights of the April GPOC Board Meeting

- Dr. Bernard Sweeney has agreed to serve as the new Medical Director. Thank you, Bernie, as you enter official retirement.
- Thanks to Myrtle Merritt's bequest and the Geneseo Garden Club, the Pantry will be installing a raised vegetable garden to grow more fresh products for our clients.
- We are networking with the Continuum of Care Coalition, Chamber of Commerce, Kid Start, GVHP, Geneseo Kiwanis, Aging Mastery, and vendors from our recent Wellness Fair.
- Thanks to Board member Katelin Pickard, our Facebook posts are garnering lots of attention and becoming a hub for GPOC information.
- We are working intensely to apply for several grants and have submitted Letters of Intent.
- We continue to work on the Five-Year Plan, recruiting and training volunteers.



President Kirsten Galliford

GPOC Clinic Schedule

Tuesday mornings

9:00 am to noon

The first Thursday morning of the month ~ once a month

9:00 am to noon

The third Thursday evening of the month ~ once a month

5:00 pm to 7:00 pm

Office Hours

Monday through Thursday

9:00 am to noon

Staff is there to schedule medical appointments and serve patients who need help with medication costs or dental and other specialty care referrals.

Call for an appointment

(585) 243 - 3120

Food & Goods Donations Needed

Partner with



Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

Geneseo Parish Outreach Center is an Emergency Foodlink Pantry

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Executive Director Donna Flaherty

GPOC Executive Director's Quarterly Report**April 2025****Statistics**

We have served 93 individuals since 1/1/2025. 10 Amish; 15 Hispanic; 46 CSBG; 42 United Way MGLOW; 3 UW of Southern Tier; 8 Excellus. **In 2024 we served 258** total individuals including 25 children. Therefore we are on the trajectory of serving over 360 individuals in 2025.

By County: Livingston – 68; Wyoming – 4; Ontario – 2; Monroe – 7; Steuben – 3; Genesee – 2; Allegany – 1.

Compared to the last quarter of 2024 – 82 individuals. 9 Amish; 17 Hispanic; 38 CSBG; 42 MGLOW; 3 UW of Southern Tier; 8 Excellus;

By County: Livingston – 59; Wyoming – 8; Ontario – 9; Monroe – 6; Steuben – 3; Genesee – 1; Allegany – 1

Grants

GPOC has submitted a grant to the Saunders Foundation requesting 50K. We should be notified sometime this spring. Mother Cabrini and Golisano Foundations letters of intent (LOI) have been submitted.

Volunteers

We have three SUNY Geneseo students who have been coming weekly. Their services have been very helpful with administrative office tasks.

Nursing staff will be given a refresher course in May on electronic medical records, which will include data entry and tracking.

We are still short-staffed in the office until May or June when a few of our snowbirds return. Staffing needs are being addressed by shifting volunteers from one day to another as need requires. Dr. Bernie Sweeney is now our official Medical Director as of March 1, 2025. We thank Dr. Ayesha Tasaddaq for her years of dedicated service in that role.

Migrant Workers

Due to the change in political climate, we have seen a dramatic drop in the number of Hispanic patients calling for appointments since January. We continue to partner with the Monroe County Archdiocese Migrant Center in Leicester to assist whenever we can. We have assured them that GPOC will protect their rights for privacy and discretion.

Five Year Plan

We are continuing to work toward our goal of paperless documentation. The next step is to streamline our financial systems. I have asked Melissa, our treasurer, to review our procedures once she is free post tax season. In addition, we are working toward cross training staff to address future retirements and attrition.

Respectfully submitted,
Donna Flaherty, PA-C
Executive Director

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GPOC GRANT PARTNERS

The GPOC depends on grants and awards to pay for the medical/dental/pharmaceutical, etc., services provided to our uninsured and underinsured clients.

Current GPOC grants and awards are as follows:

- The Mary Clark Thompson Community Health Grant through the F.F. Thompson Foundation, Inc: 2024 grant amounted to \$1,000. Past grants have been up to \$2,500.
- St. Paul's Enduring Gift Fund in 2024: \$1,000.
- United Way of the Southern Tier to service clients of Chemung and Steuben Counties: 2024 grant was \$7,500.
- United Way of Monroe/GLOW servicing clients of Monroe, Genesee, Livingston, Ontario and Wyoming Counties: 2025 grant is \$21,375.
- Community Service Block Grant (CSBG) from Livingston County: \$43,500 yearly for three years. We are currently in the second year of this grant.
- Excellus Blue Cross/Blue Shield grant: \$7,500 for 2024-2025.

It is the responsibility of the GPOC to be good stewards of these funds in our mission to service the clients who come to us for help.

Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

New Yorkers don't have to go without health coverage. We are here to help!

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit

<http://info.nystateofhealth.ny.gov/findassistor>



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Donation



Many Thanks to the York Leicester Kiwanis Club for their generous donation of \$1000 to the Parish Outreach Center as seen here Kimberly Martello presenting the check to Linda Weaver volunteer at the POC. This donation will help the POC provide medical and dental assistance to those in need.

Our Volunteer Hours

In the first three months of 2025 the volunteers at the GPOC have donated over 1,307 hours of their time to the help their neighbors improve their health and wellbeing.



Newsletter Staff

Diana Harke	Pam Klingman
Bonnie Kreutter	Marilyn Lyon
Jackie McNall	Melissa Slater
Sandy Wilcox	

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Medications: *If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision could worsen their condition and could increase the likelihood of more emergency room visits and hospital stays.*

Listed below are some of the drugs most-needed and the cost of each 30-day

Lantus, (insulin) commonly used to treat diabetes: \$35 (federal cap)

Trulicity, a newer non-insulin drug for diabetes which is injected weekly: Trulicity 1 box is \$853.

Symbicort, combination inhaler for asthma or COPD, taken 2 puffs twice a day: 1 inhaler is \$263 for the generic.

Spiriva, an inhaled drug for asthma or COPD, taken 2 puffs daily: Spiriva Respinat is \$150 for 1 inhaler.

Ozempic (injectable for diabetes): \$940

Eliquis (blood thinner): \$579

Xarelto (blood thinner): \$529

Trelegy (inhaler for asthma/COPD): \$640

Breo Ellipta (inhaler for asthma/COPD): \$277

If you or your organization can support shelf items and/ or medications, please respond to the GPOC ASAP with your wishes.

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GUMC Grows a Veggie Garden for POC clients

The Geneseo Garden Club has given an honorarium to our Parish Outreach Center in memory of their former member, Myrtle Merritt. The donation will be used to establish a vegetable garden using raised wooden boxes. These will be located near the south entrance of the church, on the back lawn.

The POC is seeking donations of manure and soil to begin the spring-time effort, as well as starters for tomatoes, cucumbers, summer squash, onion, and eggplant. Pam Klingman, manager of the POC's food pantry, is hoping that donors will contact her by leaving her a message at the GPOC (585-243-3120) to share their willingness to purchase any or all the above so that duplication of these plants can be prevented. Additionally, she's putting out a call for volunteers to be part of the work effort during the spring, summer and fall months, helping to maintain our vegetable garden.

This project will be central to the GPOC providing freshly grown veggies and nutritious food to our clients. This will all be done in memory of our church friend, Myrt, who helped so many while she was here on earth.

As this new mission effort gets underway, there are already some volunteers to "lift up." This includes Beth Feuerstein for her collaboration with the Garden Club; Dave Klingman for his help during the planting season; Board of Trustees who gave approval, which was a necessary step; and for Pastor Beth's acknowledgement and her support.

Pam Klingman will oversee the workforce schedule to accommodate willing gardeners. The sign-up time is NOW! Thank you in advance to our garden helpers for helping GUMC grow in its mission to help others!



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Spring Health and Wellness Fair

The Church community room was dotted with numerous vendors, volunteers, and 47 clients for the semi-annual Wellness Fair. Having an interpreter for the Spanish attendees was extremely helpful. Clients enjoyed lunch and especially appreciated the variety of information provided, including tips about healthy eating.



VOLUNTEER



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The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



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VOLUNTEERS NEEDED!

**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**



Why Volunteer at Geneseo Parish
Outreach center?

- Your contribution directly improves the health and well-being of our community.
- Gain valuable experience in healthcare and enhance your skills.
- Be part of a dedicated team working towards improving the health of our community.

Call the GPOC at (585) 243-3120
or
Email the office with your contact
information and your area of
interest at
GeneseoPOC@gmail.com

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\$\$\$\$ -- Make Donating Easier

Ever think about donating to the GPOC but forget to write the check? Consider setting up recurring payments via PayPal or Venmo; the payments will process automatically and you don't have to do anything.